

PROTECTING YOUR CHILD FROM ONLINE HARMS

PARENT & CARER SESSION



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WHAT WE WILL COVER

- ❖ **Online risks**
- ❖ **Minimising the risks**
- ❖ **Popular platforms**
- ❖ **More resources**
- ❖ **Pornography**

POPULAR PLATFORMS



WhatsApp

- Messaging and group chats
- 16+



TikTok

- Watch and share short videos of under 1 minute
- 13+



Instagram

- View and share photos and videos
- Online shopping feature
- 13+



Snapchat

- View and share photos and videos that self-destruct after a few seconds
- 13+

POPULAR PLATFORMS



Roblox

- Build your own online games and play games other people have designed



Minecraft

- Build your own gaming world



Discord

- Messaging, video calling and group chats – often during online gaming



YouTube

- Watch videos and livestreams

WHAT ARE THE RISKS?

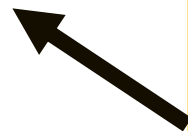
- ❖ **Revealing private or personal details online**
- ❖ **Viewing age-inappropriate content**
- ❖ **Cyberbullying**
- ❖ **Susceptibility to misinformation**
- ❖ **Advertising & spending money**
- ❖ **Online grooming**
- ❖ **Scams**

CREATING A SAFE DIGITAL SPACE: PART ONE

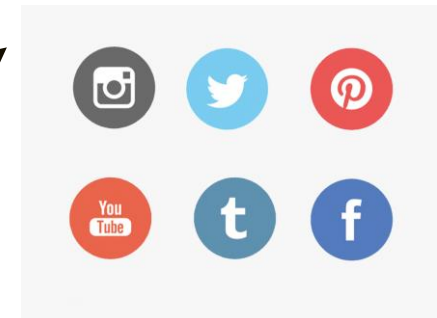
1. Your WiFi and any mobile networks



2. All internet devices



3. Apps on the devices



**WHAT
SHOULD I
HAVE
OVERSIGHT
OF?**

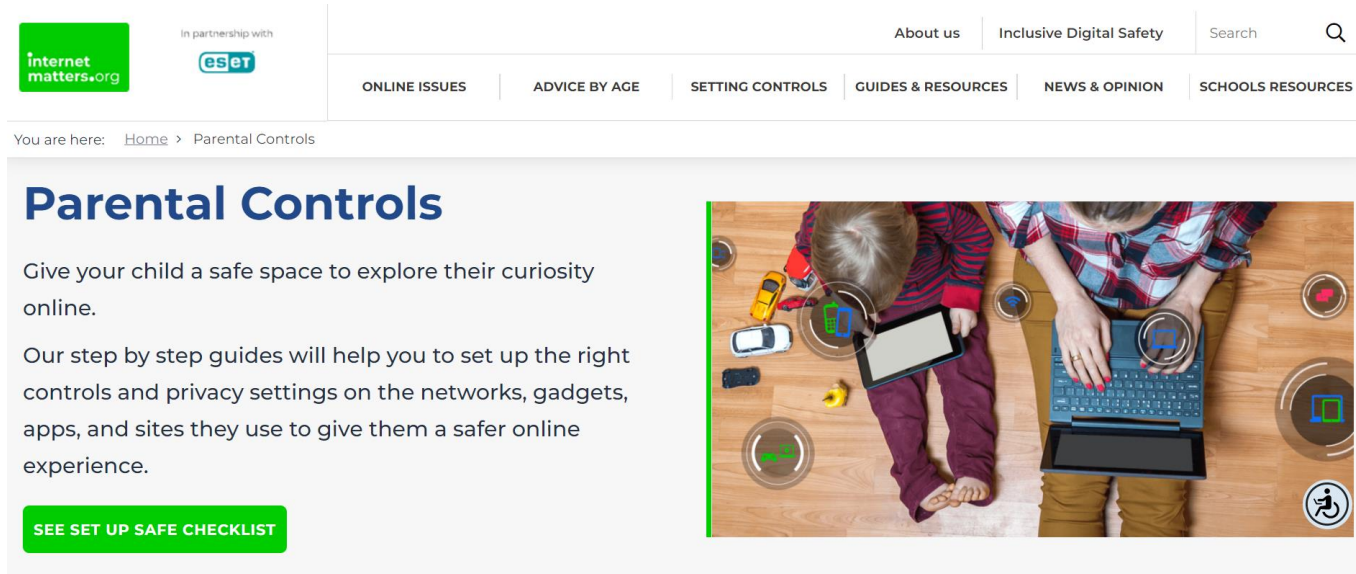
WHAT CAN YOU DO?

- ❖ **Set a passcode to control what apps can be downloaded**
- ❖ **Restrict in-app purchases**
- ❖ **Block age-inappropriate websites such as pornography**
- ❖ **Block location sharing**
- ❖ **Manage screen time**
- ❖ **Control data sharing**

...WHAT CAN'T YOU DO?

- ❖ **Manage what your child sees on social media sites and games**
- ❖ **Block *everything* that is of concern to you**
- ❖ **Control the content of messages they get from their friends or family**
- ❖ **Manage what your child puts on the internet in real time**

INSTRUCTIONS FOR SETTING CONTROLS



internet matters.org

In partnership with **eset**

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ONLINE ISSUES | ADVICE BY AGE | **SETTING CONTROLS** | GUIDES & RESOURCES | NEWS & OPINION | SCHOOLS RESOURCES


You are here: [Home](#) > Parental Controls

Parental Controls

Give your child a safe space to explore their curiosity online.

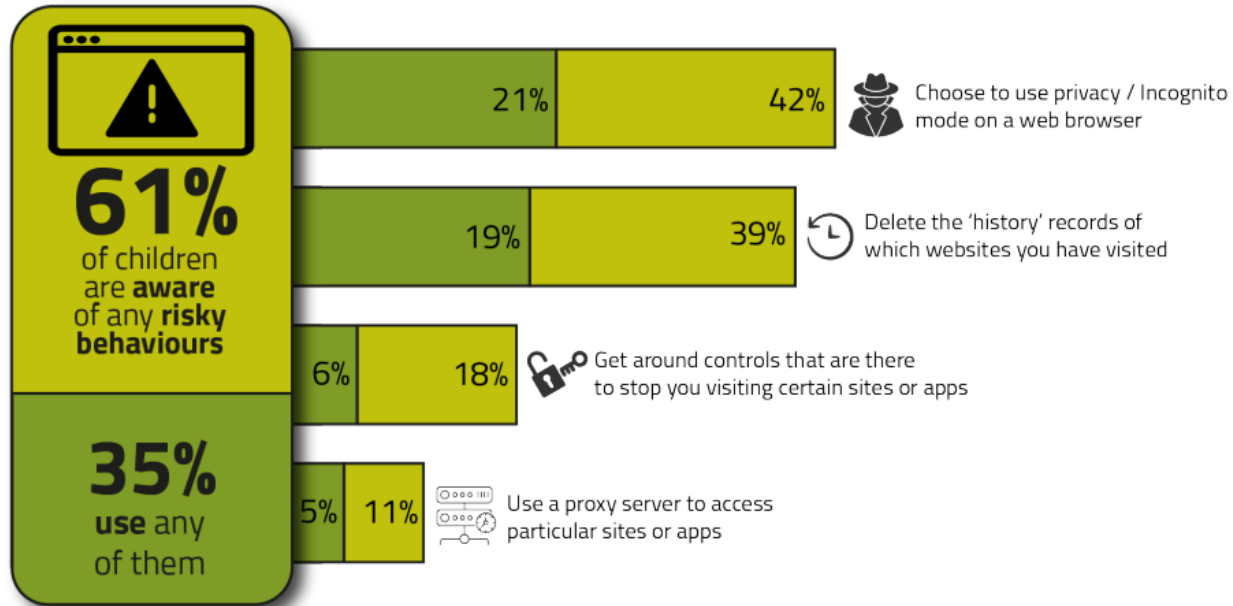
Our step by step guides will help you to set up the right controls and privacy settings on the networks, gadgets, apps, and sites they use to give them a safer online experience.

[SEE SET UP SAFE CHECKLIST](#)



<https://www.internetmatters.org/parental-controls/>

LIMITS OF CONTROLS



Four in ten children aged 16-17 (42%) reported that they had carried out one or more of these behaviours – higher than the proportion of 12-15s (31%). This included a quarter of 16-17s who had surfed using privacy mode (25%) or who had deleted their internet history (24%).

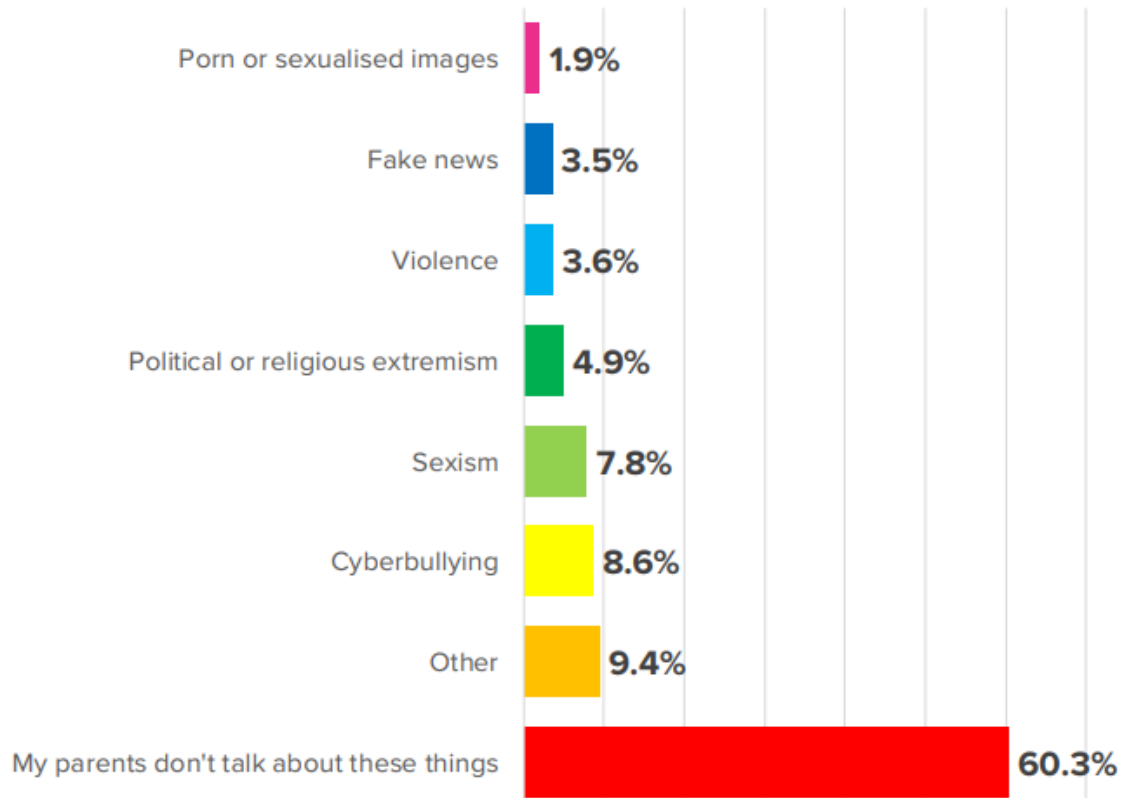
CREATING A SAFE DIGITAL SPACE: PART TWO



- **Keep communicating**
- **Teach your child how to report and escalate concerns – and talk about difficult topics!**
- **Model safe online behaviour yourself**
- **Talk about digital reputation**
- **Encourage them to set high privacy settings**

SOME RESEARCH...

Do you feel parents are generally doing a good job of speaking to their children about what they see online about the following subjects?



WHERE TO GO FOR HELP

- Click here for [setting up parental controls](#) via Internet Matters
- Click here for [Parent Zone](#)
- Click here for Parent Zone's YouTube video: [helping your child talk about their online world](#) – Parent Zone have a great YouTube channel with 20 minute videos on topics like online gaming and social media.
- Click here for the NSPCC's advice about [talking online safety with your child](#) – really good advice for having those difficult conversations!